

Let's walk in the rain!

- Umbrella pose -



Pyramid KIDS YOGA

Let's walk in the rain!

- Rain boots pose -



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Let's walk in the rain!

- Puddle pose -



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- Hydrangea pose -



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Let's walk in the rain!

- Snail pose -



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- Teru Teru Bozu pose -



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Let's walk in the rain!

- Raindrop pose -



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Let's walk in the rain!

Thunder and lightning pose



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Let's walk in the rain!

- Rainbow pose -



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Let's walk in the rain!

- Frog eggs pose -



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Let's walk in the rain!

- Tadpole pose -



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Let's walk in the rain!

- Frog pose -



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★Check the instructions of Rain Yoga poses and lesson ideas on our website!

<https://www.pyramid-kids-yoga.com/rain-yoga>

★'Rainy season themed Mindfulness Coloring' FREE download available

<https://www.pyramid-kids-yoga.com/rain-yoga-mindfulness-coloring>

★ We published our kids yoga books! Available on Amazon worldwide!

'Sora and Ryan's Yoga Adventure in Singapore'

<https://www.pyramid-kids-yoga.com/kidsyoga-book1>

'Sora and Ryan's Yoga Adventure in Japan'

<https://www.pyramid-kids-yoga.com/japan>

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